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**Survive and Save Club
Newsletter - October 2011**

'When Will We Be Famous?'

From the Education & Development Officer's corner - Ray Lau



For those of you who are old enough to remember the Bros song, 'When Will I Be Famous?' Well it's official! We've now been adopted by the Royal Life Saving Society. The Society has named the new senior lifesaving programme as the Survive & Save programme -

for which they did have to ask our permission!



Why the change?

The current Bronze Medallion, Award of Merit and Distinction has been around for over twenty years, and it was time to update the programme in a similar way to the very successful Rookie Lifeguard programme.

What is the new change?

The programme, launched on 1st September, has three grades: Bronze, Silver and Gold - each with a core component that must be completed first. Then, there are four disciplines: Medallion, Stillwater, Beach and Sport. Each discipline must be completed before moving onto the next level. The distinction award still exists, providing the lifesaver gains the Gold award in three different disciplines, all held at the same time.



Each award is trainer assessed. I am pleased to inform you that Sally Baldwin, Leena Patel, and I, have successfully been accredited as instructors with the ability to train others.

How does this work? What does this mean for our lifesavers?

All existing people working to complete Award of Merit will have until December 2011 to complete. All other lifesavers will transfer to the new programme at Silver level from September. A new Bronze Medallion group will start the programme as well.

The cost of the programme is more effective – as there is a only one course manual to buy which is included with the first award. For every subsequent award, a form will need to be purchased. As the programme is now trainer assessed, no external assessors are required for this programme. There is still a requirement for Life Support 3 and other vocational qualifications to be assessed independently.



In the next edition of the newsletter, we will focus on the ‘Aquatics programme’ at stages 8-10, what it is and how this works.

We need your help!

Thank you to all of you who volunteered to help at the front desk this term. You will have noticed that we have some new faces regularly helping us—thank you to Sefali and Bhavesh Patel.

At present the executive committee consists of the following people:

Sally Baldwin – Chairman & Welfare officer

Andrew Baldwin - Treasurer

Ray Lau – Education & Development officer

Sophie Daniels – Workforce Development officer

Matt Perren – Committee member

We warmly welcome both Sophie and Matt to the committee. **We are desperately short of committee members and especially need a secretary, marketing and publicity officer.** In addition, to maintain impartiality, we seeking a member to take on the very important role of welfare officer

who does not need to be on the committee. Please speak to Sally if you are interested. The commitment is one meeting every ½ term.



What you missed during the summer!

Survive and Save Training, our sister company recognised as an excellent provider by the external validation purposes of the ASA Awarding body, ran three teacher training courses at St Helens School, Northwood during the summer break.

The five day crash courses of 1 ½ hour each day for only £10 were a bargain and we had great fun. Thank you to those parents and swimmers who turned up!

Mrs Singh commented: “The children thoroughly enjoyed the swimming course and couldn’t get enough of it! If it hadn’t been for my work I would have brought them along to all three courses! Atmosphere was relaxed and some of the student teachers were quick in getting to know the kids and made it really fun for them. Thank you for arranging it and we look forward to attending another one soon!”

National Plan for Teaching Swimming!

Congratulations to the following swimmers who have been successful:

Stage 1 – Able Kpogho

Stage 2 – Michael Lowes, Alisha Patel, Riya Patel, Kiana Singh, Joel Suthakaran, Priskilla Suthakaran

Stage 3 – Dinky Bakhai, Harleen Panesar

Stage 4 – Aliasger Amirali, Arjun Chauhan, Vaishnavi Devakar, Rahul Kanwar, Rohit Kanwar, Harsh Shah

Stage 5 – Sarah Bandali, Valini Bhudia, Adam Nazir, Simran Panesar, Shyaam Rajani, Ben Walsh

Stage 7 – Thimani Bakhai, Mihir Deshpande, Aaron O’Connell, Anake Singh, Cara Watkins



Stage 8 Competitive Swimming – Miriam Amin, Krishan Emmanuel, Shivani Hirani, Narika Mistry, Satyam Modhuadia, Rebecca Mullins, Amithya Vasanthan

Stage 9 Competitive Swimming – Dhivijan Devakar

Rookie Bronze Stage 1 - Aoife O'Dwyer, Natasha Hussain

Rookie Bronze Stage 1, 2 and 3 – Elsie Aluko, Rushang Bakhai, Dhruv Bhudia, Eleanor Daly, Dhivijan Devakar, Krishan Emmanuel, Joel Harle, Harshil Kalaiya, Narika Mistry, Rebecca Mullins, Ismail Nazir, Niamh O'Connell, Umang Thakrar, Haripriya Vaya, Amithya Vasanthan, Lizzie Whaley

Rookie Silver Stage 1 –Daniel Ashley-Doherty, William Grenfell, Ismail Nazir, Niamh O'Connell, Karishma Pandya, Ria Vekaria

Rookie Silver Stage 1 and 2 – Miriam Amin, Veera Bakhai, Joel Harle, Shivani Hirani, Satyam Modhuadia, Karishma Pandya, Branavan Rajakumar,

Rookie Silver Stage 3 – Darshil Khetani, Mikesh Patel, Samuel Robinson

Life Saving Awards

Award of Merit – Devun Gorasia, Akash Hirani, Shravan Patel, Nyal Vekaria,

Life Support 3 – Meha Bakhai, Anthony Barrett, Jenade Corriette, Emma Daly, Amy Harle,

NRASTC – Sally Baldwin, Angela Harper, Daisy Davies

Certificates available at the front desk for all the students who have passed a stage - £2 each

Professional Qualifications achieved by staff

NPLQ – Junior Adeboye, Paul Casillas, Sonali Karkhanis, Vishnu Mistry, Katie Nicoll, Khyati Patel, Prit Shah

ASA/UKCC Level 1 Award for Teaching Aquatics—Emma Daly, Prit Shah and Paul Casillas

STA Level 2 Award for Teaching Beginners—Katie Nicoll

ASA/UKCC Level 2 Certificate for Teaching Aquatics—Khyati Patel