



Survive and Save Club Newsletter - September 2007

Welcome back!

Welcome back to all club members. Imagine, you were lying on the beach, listening to the sounds of the water, seeing the bright sun and feeling relaxed. Well, even if you managed to do this, club activities were happening in the holiday period. 2007/08 will see some significant yet exciting changes to our club. **Read on** to find out what is happening. You may have noticed that our **club logo** has been revitalised in time for the new academic year. The logo will be phased in from now with new documentation & items.

Open Water training July 07 – Is it cold?



In July, the club ran for its first time a series of sessions for the open water lifesaving awards at the Serpentine Lido in Hyde Park. The lake is much warmer than the sea and the river Thames. Honest! There are two main awards, the bronze cross and silver cross. These enable the lifesavers to experience and train for true lifesaving in an open water situation. The minimum pre-requisite for Bronze cross is the bronze medallion award. By contrast, the silver cross requires the bronze cross. Both require a current life support award to be held as well. The Silver Cross a requirement for the society's top lifesaving award, the Distinction.

Sally Baldwin led the training of the candidates and congratulations go to the following:

Bronze Cross awards: Chris Stevenson, Veeraj Thakrar, Asanka Wijendra, Jenni Maidment, Rohan Karkhanis, Arnab Debath, Tom Journet, Dawn Maidment & Joe Pascoe

Silver Cross awards: Mehul Thakrar & Chris Stevenson

Also, congratulations to Mehul & Jenni for gaining their **Emergency Response (Aquatic Supervisor)**. This allows these candidates to supervise training in open water situations.

A big thank you must go to Pip Titheridge and her team at the Serpentine Lido for their hospitality and use of the venue. Also, thanks to Jan Dell (who travelled from Kent!) and Ray Lau for assessing.

From the Education & Development Corner from Ray Lau

Lifesaving section achievements

- In the last edition of the newsletter, we published 91 awards had been achieved. Well, since then we have achieved **over 155 RLSS awards and qualifications. A FANTASTIC ACHIEVEMENT!**

16	Life Support	18	National Pool Lifeguard Qualification
30	Life Support 3	2	Emergency Response (Aquatic Supervisor)
26	Bronze Medallion	18	National Pool Lifeguard Qualification
22	Award of Merit	4	National Rescue Award for Swimming Teachers & Coaches
9	Bronze Cross	7	Assistant Teacher (Lifesaving)
2	Silver Cross	1	Open Water Trainer/Assessor
2	Emergency Response (Aquatic Supervisor)		
157	Awards / qualifications		

Congratulations to the following who have achieved the senior lifesaving awards:

Bronze Medallion & Life Support; Akash Malhotra, Akhil Raithatha, Angeli Jethwa, Arjun Shah, Ebrahim Hassanli, Jineeta Patel, Judy Smith, Neeraja Ravi, Nikhila Ravi, Nirali Jethwa & Prit Shah

Award of Merit; Aadam Ali, Anika Shah, Ravi Popat, Riya Shah & Asanka Wijendra

A thank you to all the branch assessors who have come out to the club!

Learn to Swim section achievements

A big thank you to all of those who participated in the crash swimming lessons during the summer, this helped all the swimming teachers. Well done to Daniel Ashley-Doharty who has passed his NSA Level 4 award as a direct result of the lessons.

Aquamark – A number of you will be aware that we are going for the approved status of Aquamark. This is the Amateur Swimming Association's quality assurance scheme for learn to swim programmes. We have our assessor, Sue Webb visiting in September 07 and may wish to talk to some parents.

Training & Education section

We welcome Chris Carns to our teaching team. He is an ASA Level 2 certificate holder. Also well done to Angela Harper and Kirsty Burwood for passing the pool practical / log book for the ASA Level 2 certificate for Teaching swimming. Also, congratulations to Lilian Knight and our chair, Sally Baldwin for attending the ASA Level 1 course.



On the right hand side, you will see the new company logo of Survive and Save Training Ltd. This company is now responsible for the running of all ASA courses and seminars from 1st September 07.