

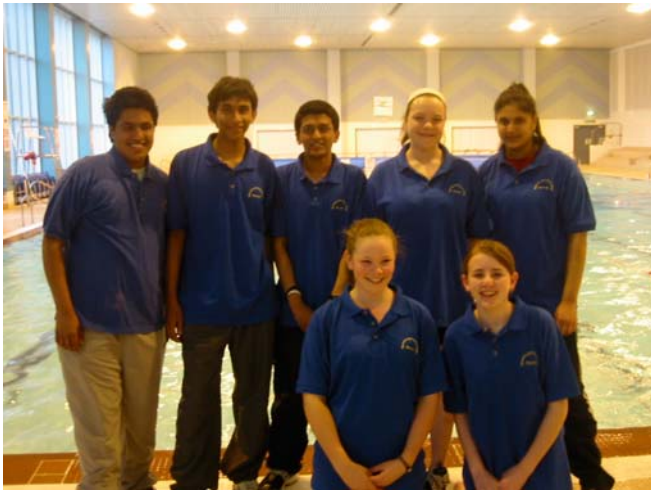


Survive and Save Club Newsletter - June 06

Club Successes

The club is committed to providing a quality learn to swim and lifesaving programme. We are one of the very few clubs in the country that can offer the Training and assessing programme for swimming teachers and lifesavers.

We recently hosted a course leading to the Amateur Swimming Association (ASA) Level 1 certificate for teaching swimming. Below are pictured the seven successful candidates who passed.



(Pictured from back left to right; Veeraj Thakrar, Asanka Wijendra, Viraj Mithani, Jennifer Maidment, Ameer Modha. In the front, Kirsty Burwood and Lisa Robson)



Congratulations to Aasha Malde, Leena Patel & Jennifer Maidment who have successfully fully qualified as RLSS Assistant Teachers (Lifesaving). In addition, we have another six candidates who attended the course and completing their probationary period. We are fortunate to have both Sally Baldwin, qualified RLSS Mentor and Ray Lau, qualified RLSS National Trainer/Assessor supporting the candidates.

Success at National Level!

Ray Lau has just been appointed on the Royal Life Saving Society (RLSS) National Education Committee for three years. He will have input in developing the society's education and vocational programmes representing the club & Middlesex Branch.

The new Learn to Swim Programme - ASA National Plan for Teaching Swimming

The National Plan for Teaching Swimming (NPTS) will be implemented from the 1st September 2006 within the club. It has been developed by the Amateur Swimming Association (ASA) to provide a scheme which is recognised across the country, which allows everyone to work towards the same standards.

How does it work?

There are six phases. Students focus on developing their skills and strokes. This programme focuses on the **quality not the quantity** (**not** swimming lots of distances). Within each phase, there are 2 nationally accredited level badges. Each badge consists of 10 criteria. Students will have to successfully pass (on a consistent basis) 8 of these skills. In addition, certain levels, there will be additional criteria to be met in order to progress. Students will need to pass the badge to be promoted to the next group.

Phase	Working towards National Swim Award	Possible other awards available	
Non swimmer	Level 1	Puffin	
	Level 2	5m	Grade 1 Water Skills
Beginner swimmer	Level 3	10m	Grade 2 Water Skills
	Level 4		
Improver 1 swimmer	Level 5	15m	Grade 3 Water Skills
	Level 6	20m	
Improver 2 swimmer (main pool)	Level 7	25m	Grade 4 Water Skills
	Level 8		
Advanced 1 swimmer	Level 9	50m	Grade 5 Water Skills
	Level 10	100m	
Advanced 2 swimmer	Level 11	200m	Grade 6 Water Skills
	Level 12	400m +	

What will happen?

- Teachers will be attending an ASA recognised Continuing Professional Development - Quality approved seminar to familiarise themselves with the programme.
- I shall be leading the assessment of swimmers to ensure that they achieve the badge / level and therefore be placed in the appropriate group for September. *This will mean a re-shuffle of ALL groups and it may appear that students might move up, down or stay in the same group.* However, this is more that the groups WILL be changing. Teachers will then support the student's assessment and it will be finalised as to which groups they will be going to before the end of the term.
- Students will be given a sheet of which classes they have been placed in.

Ray Lau, ASA Senior Tutor, Advanced Teacher & Club Coach (Swimming)