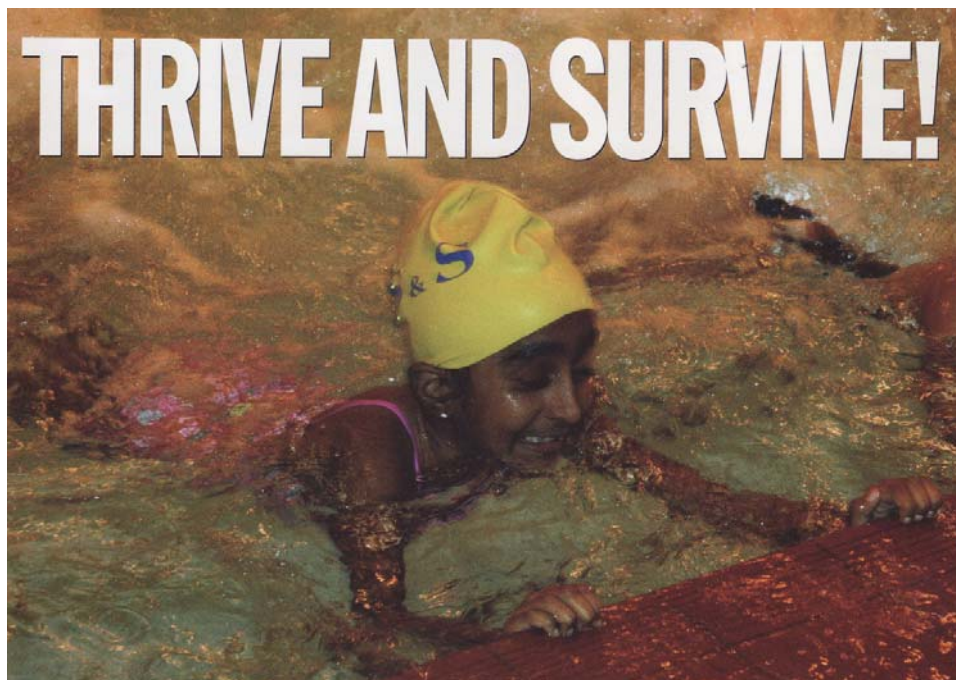




Survive and Save Club Newsletter July 2007

Celebrations! A Club review 2006/07



Well done to everyone, all parents, teachers and committee members for a fantastic and busy year.

Survive and Save in 2006/07 has:

- Achieved over 100 RLSS awards / qualifications!
- Trained 8 more ASA teachers (including 3 who are now fully qualified holding Level 2)
- Established & implemented the ASA National Plan for Teaching Swimming (NPTS);
- A brand new website www.surviveandsave.org and a club NPTS swimming DVD;
- Ensured that all teaching staff are qualified and trained;
- Ran an extensive Education and Training programme which has included ASA Helper, Levels 1 & 2, RLSS Assistant Teachers, Sports coach UK seminars on Safeguarding and Protecting Children, How to Coach Disabled People in Sport and Equity in your Coaching workshops;
- 4 members of the club hold elected posts on the RLSS Middlesex Branch with one sitting on of the National committees;
- Had a National 4 page spread in the Swimming Times, Clubmark feature as a good practice club and on the ASA website.
- Re-achieved our Swim21 Club accreditation again (this is the consecutive 3rd year!) for the Amateur Swimming Association;
- Submitted our application for RLSS Club accreditation programme;
- Submitted our application for Aquamark. The ASA's learn to swim quality assurance programme.
- Three members attended the RLSS National Branch Conference in May 07

Learn to Swim section achievements

- Over 50 % have passed the successfully completed the following levels.

Well done to the following who have passed the ASA National Swim Awards in:

Thimani Bakhai	Level 1	Rushang Bakhai	Level 4
Insiya Merchant		Arjuoon Sivakumar	
HariPriya Vara		Bindu Hirani	
Gowtham Baheerathan	Level 2	Darshil Khetani	Level 5
Veera Bakhai		Temitope Olowo	
Bhavisha Patel		Shivani Shah	
Aayushi Thakore	Level 3	Anil Shamji	Level 6
Veer Hirani		Ciara Murphy	
Satyam Modhuadia		George Pascoe	
Eleanor Daly	Level 4	Miraj Vaghjiani	Level 7
Sailee Khurjekar		Nishka Parekh	
Murtaza Mamdani		Vijay Shamji	
Mustafa Ramji	Level 5	Jacob Wennington	Level 8
Kaarthick Sivakumar		Devun Gorasia	
Daniel Ashley-Docharty		Shravan Patel	
Aoife O'Dwyer	Level 6	Jaissal Sonigra	Level 9
Geoffrey Adeboye		Ramanan Thavarajah	
Kieran Shamji		Junior Adeboye	
Pryesh Mehta		Christopher Drohan	

Certificates and badges are available from desk for £2 each

Lifesaving section achievements

- We are the largest lifesaving club in the RLSS UK Middlesex branch and have achieved in 2006/07:

5	Life Support
30	Life Support 3
14	Bronze Medallion
12	Award of Merit
0	Bronze Cross
0	Silver Cross
18	National Pool Lifeguard Qualification
4	National Rescue Award for Swimming Teachers & Coaches
7	Assistant Teachers
1	Open Water Trainer/Assessor
91	Awards / qualifications

Well done to the following, who recently obtained the:

National Pool Lifeguard Qualification

Mehul Thakrar & Life Support 3
Asanka Wijendra

Award of Merit & Life Support 3 awards

Chris Stevenson
Suzy Stevenson
Jenni Maidment
Joe Pascoe
Sajan Popat
Sagar Patel

Life Support 3 awards

Rohan Karkhanis
Anika Shah
Riya Shah
Vishal Vekaria
Kushal Pandya
Thomas Journet
Lilian Knight
Dawn Maidment

Bronze Medallion & Life Support 3 awards

Ravi Popat
Jeena Thakrar
Sana Faquirbhai

Training & Education staff achievements



- All staff have attended at least 2 professional seminar or equivalent courses to develop their skills and knowledge.

Swimming Teacher team	Lifesaving training team
Holders of ASA Level 2 certificate in 2007 Divya Shah Varshita Shah Asanka Wijendra Which includes Ray Lau, ASA Senior Tutor & Club Coach / Advanced Teacher (Swimming)	Qualified Assistant Teachers in 2007 Rohan Karkhanis Tom Journet Lilian Knight Dawn Maidment Lisa Robson Veeraj Thakrar Viraj Mithani
Holders of ASA Level 1 certificate in 2007 Nancie Nam Ameesha Patel Which includes: Jennifer Maidment, Lisa Robson, Angela Harper, Bhavna Hirani and Kirsty Burwood	Which strengthens other RLSS lifesaving staff: Jennifer Maidment, Assistant Teacher Leena Patel, Assistant Teacher Aasha Malde, Assistant Teacher Asanka Wijendra, Assistant Teacher Sally Baldwin, Mentor Ray Lau, National Trainer/Assessor
Holders of ASA Helper certificate in 2007 Lilian Knight Dawn Maidment Kanita Theivendran	
Well done to: Sally Baldwin, Angela Harper, Bhavna Hirani & Naina Shah for updating their RLSS National Rescue Award for Swimming Teachers and Coaches	

We naturally wish those off to university and other ventures well.

In 2007/08 Survive and Save will:

- Achieve our **Aquamark status** being the first club in the country to achieve this honour.
- Have at least three members attend the RLSS Trainer/Assessor course then being able to train and assess other candidates in the branch for qualifications.
- See our Education and Development Officer achieve the ASA Level 3 in Management and Delivering Swimming Programmes. (Remember he is an assessor for the programme, himself!)
- Hear about three members attending the ASA Level 2 certificate for Teaching swimming
- Extend our courses on offer
- Implement the new ASA National Plan including the Rookie Lifeguard programme
- Achieve our ASA Swim 21 (again!) & RLSS Club accreditations
- Be leading the RLSS initiatives such as the Duke of Edinburgh
- Twinning ourselves with another club in another COUNTRY!
- Feel proud of our achievements!

Reminders

- **Fees are due by 9.00pm on Friday 13 July 07**
- **Start date for next term – Friday 7 September 07**
- **Because of the child protection policy, photographs/videos are not permitted from the gallery of children in classes.**

From the Education & Development Corner from Ray Lau

WANTED! Swimmers for Crash Summer Swimming Lessons - ONLY £10 per course (5 days for a hour each!) A BARGAIN!

We are running teacher training level 1 and level 2 courses in the Summer Holiday and require swimmers to be taught by the trainee teachers. **This is open to both club members and non club members.** The advantages include:

- Boosting your child's swimming ability
- Maintaining their swimming over the holiday so they maintain their swimming for September!
- **£10!** This is for 5 days of 1 hour per session.
- Manageable class sizes and **ADULTS will be welcomed!**



The dates are Monday 23 to Friday 27 July 07 and Tuesday 28 to Friday 31 August 07 between 9am – 10am and 10am – 11am. Details will be on the club website (www.surviveandsave.org) or from Rita Shah, our membership secretary.

We are always **looking out** for **new members** and recruitment leaflets will be distributed through many local schools so sing our praises! Give them one of our crash course leaflets! **Don't forget our incentives to introduce them when they sign up on your recommendations in September! This runs out by Fri 13th July 07.**

Welcome to the new Rookie Lifeguard programme!



The new ASA National Plan for Teaching Swimming will be implemented from Spring Term 2008 which will mean that from October 2007 the club will re-align the 10 levels into the 'new stages.' From Autumn Term 2007, we will begin implementing the New RLSS Rookie Lifeguard programme. This programme is part of the new national plan at stages 8 to 10 for the lifesaving strand. I am currently acting as Consultant to the Rookie Lifeguard programme and will be leading national training to our selected instructor presenters to deliver this programme throughout the UK.

Frequently asked questions?

What happens if I get promoted from the Learn to swim? You will start stage 8 of the Rookie Lifeguard programme.

What if I am already in the programme? You will fast track and complete the stage 8 and begin the stage 9 level quickly.

What is different? The new Rookie Lifeguard programme has been more simplified from the old programme and fits in with the new National Plan better so there is an easier route in.

Classes from September 2007

As you are aware, teachers have completed their assessments and you will be able to rebook into the new class. Each child should receive a copy of the National Plan assessment sheet to demonstrate how well they have done. If they are successful, they can purchase the certificate and badge from the front desk for £2.

From the Finance Corner from Manhar Shah

Fees are now due and must be paid by 9.00 pm on Friday 13 July 2007.